



Acetaminophen

Acetaminophen (e.g. *Tylenol*)

helps relieve pain. Many other over-the-counter (OTC) products contain acetaminophen. Taking too much can be dangerous, so check the labels of other OTC drug products. The usual upper limit is 4 grams (4,000 mg) per day, or 3 grams (3,000 mg) for people over age 65.

Side effects are rare, but liver damage can occur at excessive doses.

Take this medicine with a full glass of water.

Tell your doctor if you:

- ✓ drink alcohol,
- ✓ take this medicine more than directed,
- ✓ are taking other medications, including OTC products,
- ✓ have had liver disease.