



Nonsteroidal anti-inflammatory drugs

Nonsteroidal anti-inflammatory drugs (NSAIDs) help relieve pain, swelling,

stiffness, and inflammation. NSAIDs are available both by prescription and over the counter. Your doctor may ask you to take NSAIDs every day or just when you need them.

Common NSAIDs: ibuprofen (e.g. *Motrin, Advil*), naproxen (e.g. *Aleve*), diclofenac, *Celebrex*.

Take this medicine:

- ✓ with a full glass of water,
- ✓ with food, milk, and/or an antacid to reduce stomach discomfort.

NSAIDs side effects include stomach ache, diarrhea, dizziness, or headache.

Tell your doctor if you:

- ✓ have these or other side effects,
- ✓ have heart, kidney, or stomach problems, or a history of bleeding,
- ✓ take other medications, including over-the-counter products, or drink alcohol,
- ✓ have had reactions to other drugs.